

Health Syllabus

Students will learn about current health issues through:

- Individual work (assignments and projects)
- Group work and group discussions
- Hands-on activities
- Research
- Class presentations
- Community Service

Topics to Be Covered:

- **Health Assessments**
- **Mental Health:**
Stress management, Effective Communication Skills, Anger Management, Self-esteem including suicide prevention
- **Social Health:**
Relationships, Problem Solving, Chemical Dependency and Violence Awareness
- **Physical Health:**
Nutrition, Human Reproduction (including STDs and AIDs prevention), Physical fitness, CPR and First Aid

Grading Scale:

100 – 93%	A	76 – 73 %	C
92 – 90%	A-	72 – 70%	C-
89 – 87%	B+	69 – 67%	D+
86 – 83%	B	66 – 60%	D
82 – 80%	B-	59% or below	F
79 – 77%	C+		

Quarter Grade: Total Points

Assignments and Projects
Quizzes
Tests
Presentations

Semester Grade:

Quarter Grade-----Total Points
Quarter Grade-----Total Points
Semester Test-----Test Points
Community Service = Points

Notebooks

Notebooks do not have a point value, but will be graded at the end of the semester during their semester exam, which will adjust their semester grade. Every student will keep a notebook with the following sections: SQ3R / Vocabulary, Notes, Worksheets, Hand Outs, and Other. Everything done in this course should be kept in the students' notebook.

Extra Credit

Current Health Articles with summary needs to be turned in on Friday, or the last day of the week, to receive up to 10 bonus points. Articles may be placed on the wall, so they will not be duplicated. Articles may NOT come from web-sites, or be advertisements. DO NOT staple the article to the summary.

Assignments

- All assignments are to be turned in on the day assigned, with your full name and the appropriate heading. Chapters may be checked out, but must be turned in the next day, or will be considered late.
- All projects are due on the due date stated.

Late Assignments

- Assignments are late if they are not turned in by the Friday of the week the assignment was given. For example: An assignment is given on Wednesday. The assignment is late if it is not in by the end of the period on the Friday of that week. If an assignment is given on Friday, you will have the following week to turn it in.
- **Late assignments are worth only 80%** of the assignments original value. All assignments handed in after the unit test will receive **50% credit**.

Absence

- Students have one class period for each day of absence to hand in assignments.
- Students are responsible for obtaining the assignments missed from the white board, table partner, or accessing the teachers' class assignments on the Internet. All projects are due on the due date.
- Make up tests and quizzes will be taken the day you return to class.

Tardy Policy

- Chronic tardiness is a disruption to the learning environment. Students must be in the classroom before the bell rings or are considered tardy. After 15 minutes students are considered absent.
- **On the 3rd, 4th, and 5th tardy, the student will receive a lunch detention. A referral will be given on the 6th tardy and every tardy there after for each semester.**

Miscellaneous Rules

- Bathroom Passes: One (1) person at a time. A bathroom pass may not be used the first 10 minutes, or the last 10 minutes of class. A bathroom Pass is for going to the bathroom only. If you use it for any other reasons, you will lose the privilege to use the bathroom during class time.
- Food, drink, and gum are not allowed in class, with the exception of water, juices, fruits, & veggies.
- No Electronic Devices – No listening devices or Cell phones. (No MP-3's).
- All backpacks, purses, or carrying bags will be placed on the floor during class time.

Behavior Expectation:

- Respect for each other – no derogatory comments toward another person, no put-downs.
- Be Responsible – have the materials you need for class (paper – pencil – pen - notebook).
- Participate with a positive attitude, cooperate and be a team player.
- Be present, punctual and prepared. Ask for help when needed.

Discipline Plan: 1st Offense = Verbal Warning 2nd Offense = Parental Contact
 3rd Offense = Lunch Detention 4th Offense = Referral to administration

* Vancouver School District #37 governs all zero tolerance policy infractions.

Dear Parents:

I will be your child's health teacher this semester. I am looking forward to meeting with you during the parent conferences. Parents will also be able to access assignments, quizzes, and test scores via computer, please view frequently. Please contact the office for instructions and pass words to access this information. If you have any concerns or need clarification about anything, please feel free to contact me either by phone or e-mail.

- Email: Ben.Binkowski@vansd.org
- Phone: 313-4200 extension 4248.

Please read the classroom policies and sign the bottom portion of this paper. This helps you understand the classroom policies so you can encourage your child to be successful. Your child will receive 10 points for returning the bottom of this letter on or before the second Friday at the start of each semester.

Dennis "Ben" Binkowski

(cut) _____ (cut)

We have read and understand the Health Classroom Syllabus.

Student Name: _____ (print) Period _____

Student Signature: _____

Parent Signature: _____

Parent E-mail: _____

To be filled in by the teacher: Date turned in _____